

SAN LUIS OBISPO COUNTY COMMISSION ON AGING AGENDA

Meeting Date: Friday, June 21, 2013 **Time:** 10:00 am - Noon
Place: Veteran's Memorial Hall
801 Grand Avenue
San Luis Obispo, CA 93401

Please RSVP to Chair (235-5779) if you are unable to attend this meeting.

10:00 am Call for a Quorum **Call to Order**

- Flag Salute
- Roll List (new Minute Taker sign up sheet)
- Approval of May Minutes [Marie Pounders, June Minute Taker]
- Approval of Agenda
- Guest and Public Comment [2 minute limit]
- Introductions

Presentations:

- Eliane Wilson. SLOCOG Transportation Planner: **Senior Transportation Options**
- joyce ellen lippman. Area Agency on Aging Director: **2013 Elder Needs Assessment Summary**

Unfinished Business:

- **ACTION ITEM:** Approval of Chair summary for 2012-13. Annual Report. (attachment to be emailed before meeting)
- SB 391 moving to the CA Assembly: **ACTION ITEM:** letter to Assemblyman Katcho Achadjian and Supervisors (attachment will be emailed before meeting)

New Business:

- Reviewing SLOCOA's 2012-13 accomplishments and challenges: keep the pace or slow down?

Chair Report:

- Supervisor Representatives' orientation ([bring suggestions](#))
- ASPC updates
- Minute Takers

Committee and Member Reports:

- **Outreach Committee:**
 - * Speaker's Bureau updates
 - * Health Commission Presentation June 10th re: Hearing Advocacy

Announcements & Updates:

- Fraud Alert: Marie Pounders

Adjournment:

Next Meeting, July 19, 2013 [Medicare & ACA](#)

SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall

801 Grand Avenue

San Luis Obispo

Minutes for June 21, 2013

Members Present: Anita Shower, Alice York, Maryanne Zarycka, Judy Mishoulam, Gary Fowler, Jo Dennison, Diane Maiorano, Kathleen Bellefontaine, Marie Pounders, Cindy Deibert, Myra Lathrop, Mike Suddarth, Rosa Fernandez, Angela Viles

Absent: Elias Nimeh, Marilyn Hamilton, Carol Schmidt, Julie Macedo, Deborah Bayles

Guests: Dorothy Yelda, Pamela S. Davis, Sharon Roberts, Sierra Cadera, Joyce Ellen Lippman, Jan Harper, Cindy Absmeier

Quorum established.

Call to Order: by Chair Bellefontaine at 10:00 a.m. Flag Salute. Circulation of roll lists.

Minutes from last month accepted.

Agenda approved as written.

Public Comments: none

Introductions of all members and guests. Jan Harper – Chairperson for Commission on the Status of Women; Dorothy Yelda – retiring senior activist; Pamela Davis – interested, retired person; Sharon Roberts – 20 Years experience with Senior Housing; Sierra Cadera from Katcho's office; and Gary Fowler – Debbie Arnold's appointee for Supervisorial Representative District 5 for COA.

Special Guest Speaker: Eliane Wilson – Senior Transportation Options. Eliane provided an inclusive handout which details the fixed route transit systems including RTA-SCAT, SLO Transit, Paso SLOCOG Express, and Atascadero El Camino Shuttle. It also has separate pages for the Senior Special Ride Services. Most smaller communities have some type of alternative transportation system for the disabled and seniors. Fares and eligibility criteria vary depending on the program. She responded to a question about marketing these services by explaining that pamphlets are placed in all senior centers and advertised in the Senior Information Guide. The Social Services Transportation Advisory Council (SSTAC) for the SLO Council of Governments (SLOCOG) conducts program reviews annually to identify the transportation needs of seniors. Two areas of need are a) lack of consistent, regular service to and from Shandon and b) no current public transportation service to and from the Airport. The phone number to call for information on transportation is 511.

Presentation: Joyce Ellen Lippman – Director, Area Agency on Aging

Senior Needs Assessment – 2013 Handout: *Analysis of the Survey*

Over 2000+ responses were gathered. The results of this survey will assist the AAA in identifying the needs and services which most benefit older adults. It will also improve the co-ordination of programs - services – funding sources and plan new resources to meet and expand services for the senior population. A few selected facts of interest:

- * 75.2 was the average age of a participant
- * 50% of participants declined to state their income level
- * Staying Fit was the #1 goal now and in the future
- * Half of all participating seniors are using some type of senior service

It is very clear from the results of the survey that the AAA should continue to develop services and find better ways to market them. AAA grants for senior services in Santa Barbara and SLO Counties together lost \$180,000 for the next 10 years because of the Sequestration. Many of the AAA services now have waiting lists. For more details, please refer to the *Analysis of the Survey* packet.

Unfinished Business:

* **ACTION ITEM:** Approval of Chair's 2012-13 Annual Summary – Anita Shower moved that we accept as written; Diane Maiorano seconded. Vote: All support. Kathleen will present our Summary in July to the BOS.

*** ACTION ITEM:** Approval of current support letter for SB 391 (which is now moving through the Assembly with an Urgency clause) to be sent to Katcho's office and BOS members. Alice moved that we proceed with sending the letter; Mike seconded and members voted aye with one abstention (Dist Atty Office Rep).

New Business: Open Forum

Review of SLOCOA's 2012-13 accomplishments and challenges.

- * Accomplishment: Public Address System for Vets Hall Meeting Room.....thanks to Bruce Gibson's office. Discussion followed about best way for everyone to hear what is being said. Myra suggested that a person giving reports, etc. should come to the front and use the mike. Most agreed that a portable mike without a cord for members at the other end of the room should be used.
- * Challenge: Jo opined that Chair is calling too much attention to using devices that help people with hearing loss.
To be continued...

Chair Report:

*Gary Fowler introduced himself. He spoke about being a former member of the Area Agency on Aging for several years and serving as their representative on the COA. He was also Chair of the COA before he resigned when the Supervisor that he represented left office. He was responsible for securing the room and the furniture we use here at the Vet's Hall for COA meetings. Gary has lived in SLO for 45 years and retired from the Highway Patrol, where he still does consulting.

*Supervisors' Representatives' Orientation – Please send your ideas to Kathleen.

*The Executive Committee will meet July 1 at 10:00 AM to plan presentations for coming year. Members are welcome. Please call Kathleen and express your interest in attending (Brown Act).

*ASPC Update: Good Neighbor Program needs volunteers, training starts soon. Flyer circulated with contact #. SLO County Hotline Number has changed: 783-0607

*Minute Takers: We need people to sign up to take the minutes as we have vacant months!

Outreach Committee Report:

Speakers' Bureau – List of topics will soon be on the county SLOCOA website.

Four outside speakers have agreed to be on our list: Aaron Pankratz – Senior Connections; Jean Raymond – Senior Health Issues, French Hospital; Karen Jones – SLO Longterm Care Ombudsman; Kris Kington-Barker – Hospice of SLO County.

When requested, Marilyn will refer the group/individual directly to our contact person to make appointments. A modified flyer with new topic titles will be out in a month or two.

COA Corner – Maryanne planning to write a new piece as time allows.

Hearing Advocacy Committee – Kathleen did a presentation for the SLO County Health Commission July 10. It was very well received.

Announcements and Updates:

Fraud Alert - Marie distributed a handout from her Personal Emergency Alert Company, VRI. There is currently one or more scams occurring about "free medical alert systems". Phone calls are being made announcing that you have received a FREE medical alert system. If you stay on the line, the caller requests information about your credit card number or bank information! NO MEDICAL ALERT SYSTEMS ARE FREE.....HANG UP and report the phone number to the police.

Adjournment: Mike moved that we adjourn; Diane seconded

Minutes submitted by Marie Pounders. Reviewed by Chair.